

**Ada West Dermatology  
1618 S. Millenium Way, Ste 100  
Meridian, ID 83642  
208-884-3376**

**Pre-Operative Instructions**

**ABOUT YOUR SURGERY**

The staff at Ada West Dermatology and Dr. Randall Burr are committed to make your surgical experience comfortable, pain-free and convenient. We will strive to provide the best cosmetic results possible. Don't worry, your procedure is a minor outpatient surgery—you will do great!

**POINTS TO REMEMBER**

- Eat your normal meals - No fasting necessary prior to surgery.
- If you wish, bring someone with you for moral support during you surgery—we love company.
- For central facial surgery, have a driver help you get home.
- Avoid aspirin for 7 days if possible. If you take one a day for your heart – always ask your prescribing physician if it is okay to stop for 1 week.
- OTC Motrin, Advil, Aleve, Nuprin and other non-steroid anti-inflammatories should be stopped 4-5 days before surgery if possible.
- If you have an artificial joint, heart valve or need antibiotics before surgery, please let us know in advance.
- If you are allergic to glues or adhesives, please let us know during the time of surgery.
- RELAX - we will make you comfortable.

If you have any questions or hesitations, call the office at 884-3376 during business hours or if afterhours, you can call Dr. Burr at 841-6006. We are here to make sure that your surgery goes as smoothly and comfortable as possible.